

Sexual Communication Style Scale

Instructions: Below are a series of statements that describe the ways some people communicate while having sex. You are asked to indicate how well each statement applies to your current or most recent sexual partner's communication behavior. For each statement, choose the number that most closely describes your partner's behavior. Write that number in the space before the number of the statement.

Strongly Disagree Disagree Neutral Agree Strongly Agree
1 2 3 4 5

- _____ 1. My partner does not verbally tell me when he or she is sexually satisfied.
- _____ 2. My partner demonstrates what he or she likes sexually through her or his nonverbal communication.
- _____ 3. My partner verbally tells me when he or she is sexually satisfied.
- _____ 4. My partner demonstrates nonverbally what "turns them on" during sex.
- _____ 5. My partner verbally communicates during sex.
- _____ 6. I can tell when my partner is sexually satisfied through her or his nonverbal communication.
- _____ 7. My partner does not verbally communicate during sex.
- _____ 8. I cannot tell when my partner is sexually satisfied through her or his nonverbal communication.
- _____ 9. My partner talks during sex.
- _____ 10. I can tell from my partner's nonverbals whether he or she is enjoying sex.
- _____ 11. My partner does not verbally tell me what he or she finds pleasing during sex.
- _____ 12. My partner does not nonverbally demonstrate what "turns them on" during sex.
- _____ 13. My partner is verbally communicative during sex.
- _____ 14. My partner does not communicate nonverbally that he or she is sexually satisfied.
- _____ 15. My partner does not verbally tell me when he or she is enjoying sex.
- _____ 16. My partner does not show me nonverbally when he or she is sexually satisfied.
- _____ 17. My partner does not verbally demonstrate what he or she likes sexually.
- _____ 18. My partner nonverbally communicates that he or she is sexually satisfied.

SCORING: To compute your scores follow the instructions below:

1. Verbal Communication

Step One: Add scores for items: 3, 5, 9, 13, & 17.

Step Two: Add scores for items: 1, 7, 11, & 15.

Step Three: Add 24 to Step 1.

Step Four: Subtract the score for Step two from the score for Step Three.

Nonverbal Communication

2. Step One: Add scores for items: 2, 4, 6, 8, 10, & 18.

Step Two: Add scores for items: 12, 14, & 16.

Step Three: Add 18 to Step 1.

Step Four: Subtract the score for Step two from the score for Step Three.

For both verbal and nonverbal communication, the higher your score is the more your sexual partner is communicating to you in that manner.

Source:

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