

Relational Support Scale

Instructions: Below are several oppositely worded adjective pairs that represent how you may feel about TARGET X. Circle the number between the adjectives which best represents your beliefs. Numbers "1" and "7" indicate a very strong feeling. Numbers "2" and "6" indicate a strong feeling. Numbers "3" and "5" indicate a fairly weak feeling. Number "4" indicates you are undecided or do not understand the adjectives themselves. There are no right or wrong answers.

1. Supportive 1 2 3 4 5 6 7 Unsupportive
2. Responsive 1 2 3 4 5 6 7 Unresponsive
3. Helpful 1 2 3 4 5 6 7 Unhelpful
4. Good Listener 1 2 3 4 5 6 7 Bad Listener
5. Accepting 1 2 3 4 5 6 7 Rejecting
6. Open-minded 1 2 3 4 5 6 7 Closed-minded
7. Sensitive 1 2 3 4 5 6 7 Insensitive
8. Kind 1 2 3 4 5 6 7 Cruel

Source:

Wrench, J. S., & Punyanunt-Carter, N. M. (2008). The influence of graduate advisor use of interpersonal humor on graduate students. *The National Academic Advising Association (NACADA) Journal*, 28, 54-72.